

PSYCHOLOGY AND ART

Riccardo Brunetti

Semester: I and II Semestre

Scientific sector: M-PSI/01

Credits: 6

Total hours: 48 hours

Modular: No

Teaching Language: English

OBJECTIVES

The course will introduce the numerous contacts between psychology and the arts, in theoretical, experimental, and clinical fields. The lessons will deal with a psychological analysis of the aesthetic experience as a tool to understand art as a distinctly human activity that engages us on every level (physical, perceptual, cognitive and emotional). The attempts to understand art using the tools of the psychological science necessarily involve several branches of psychology: from Psychoanalysis to Gestalt approaches, from biographical analysis of artists' lives to cognitive and perceptual studies. Finally, the course will introduce the students to the therapeutic applications of arts, with a focus on performing arts (music, theatre, dance, etc.).

TEACHING PROGRAM

- 1) Art and Aesthetics
- 2) Art in the XXI century
- 3) Scientific approaches, psychology, and the arts
- 4) Psychological schools and the arts: Experimental aesthetics, psychoanalysis, R. Arnheim
- 5) Creation and fruition: Art as a laboratory for communication
- 6) Therapeutic approach: Art as cure
- 7) Art and the Other: childhood, madness, and creativity
- 8) The study of creativity
- 9) The psychology of music

Teaching method: lectures, case studies, study visits

Office Hours: Tuesday, 14-15:30, Room C105

E-Mail: riccardo.brunetti@gmail.com

REQUIRED TEXT BOOKS

A reader composed by a selection of texts available at the University Library.

One of the following two texts:

- Nachmanovitch, S. (2013). Il gioco libero della vita. Feltrinelli.
[Nachmanovitch, S. (1990). Free Play: Improvisation in life and art. Los Angeles: Jeremy P. Tarcher.]
- Brunetti, R. (2017, a cura di). Esperienze immersive. Creazione e fruizione. Roma: La Rocca.