

# EMOTIONS AND VIRTUES

*Claudia Navarini*

**Tipologia:** a scelta dello studente  
**Periodo di svolgimento del corso:** II SEMESTRE  
**Settore scientifico disciplinare (SSD):** M-PSI/01, M-FIL/03  
**C. F. U. attribuiti:** 6  
**Durata del corso:** 48 ore  
**Suddivisione in moduli:** No

## OBIETTIVI FORMATIVI

Are emotions connected with values and virtues? Can an emotion be virtuous or unvirtuous? Can it lead to virtues? Is it natural or acquired? Can it be trained and improved? The course will deal with these and other issues, following the lead of Kristjan Kristjansson's new book, entitled *Virtuous Emotions* (2018)

The course aims at \_ providing a compelling vision of the role of the emotions in everyone's life; - exploring how education can help us develop them; \_ featuring rich case-studies of six basic emotions: awe, grief, jealousy, shame, gratitude, and pity; \_ drawing on psychology, philosophy, and social sciences

## PROGRAMMA DI INSEGNAMENTO

Following Kristjansson's book, the course will focus on the following topics:

- 1: Emotions, virtues and values
- 2: Gratitude
- 3: Pity
- 4: Shame
- 7: Jealousy
- 8: Grief
- 9: Awe
- 10: Educating Emotions

The last class will consist in a Questions and Answers (Q&A) session with the Author of *Virtuous Emotions* (see bibliography), who has kindly accepted to come from Birmingham on purpose. The students will prepare the meeting and actively participate in the discussion, which will be part of the final evaluation.

**Modalità di svolgimento del corso:** lezioni frontali

**Modalità di svolgimento dell'esame:** orale

**Ricevimento:** Dopo le lezioni

**E-Mail:** claudia.navarini@unier.it

## TESTI CONSIGLIATI

Kristjan Kristjansson, *Virtuous Emotions*, Oxford University Press, 2018